

DR. R. N. INTERNATIONAL SCHOOL

UNDER THE AGIS OF S. S. SITARAMSINGH EDUCATIONAL AND CHARITABLE TRUST
MOHANPUR, SITAMARHI- 843302

Chapter 6: Safety and First Aid

1. Word Meanings (शब्दार्थ)

S.No.	English Word	Hindi Meaning
1	Safety	सुरक्षा
2	Hurry	जल्दी / शीघ्रता
3	Careless	लापरवाह
4	Injury	चोट / घायल
5	Accident	दुर्घटना
6	Trip	ठोकर खाना
7	Presence	उपस्थिति
8	Staircase	सीढ़ी
9	Corridor	गलियारा
10	Barbed Wire	काँटेदार तार
11	Terrace	छत
12	Obey	पालन करना
13	Immediate	तत्काल
14	Temporary	अस्थायी
15	Relief	राहत

2. Exercises

A. Tick (✓) the correct option:

1. What does safety mean?

- a) Being careful always
- b) Staying safe from any accident or danger ✓ (Correct)**
- c) Following rules

d) Avoiding school

2. Which of the following is a safety rule at home?

a) Playing with sharp objects

b) Touching plug points

c) Keeping books and toys properly ✓ (Correct)

d) Running on the stairs

3. What should you do while crossing the road?

a) Run quickly

b) Look both ways ✓ (Correct)

c) Ignore traffic lights

d) Walk on the road

4. Which safety habit should be followed on the playground?

a) Push others on the slide

b) Wait for your turn ✓ (Correct)

c) Play near barbed wires

d) Ignore game rules

5. What is first aid?

a) A type of medicine

b) Immediate help given to an accident victim ✓ (Correct)

c) A safety rule

d) A doctor's prescription

B. Fill in the blanks:

1. Safety means to stay safe from any accident or danger.
2. Accidents often occur when we are in a hurry.
3. We must always follow safety rules to stay safe.
4. Never play with sharp objects like knives, blades or scissors.
5. A first aid kit usually contains adhesive bandages and band-aid plasters.

C. Write 'T' for True and 'F' for False statements:

1. Most accidents occur when we are careful. — **[F]**
2. You should always play with fireworks without adult supervision. — **[F]**
3. Running on the staircase is a safe habit. — **[F]**
4. In classrooms, you should not throw pencils or anything at one another. — **[T]**
5. First aid can provide temporary relief from pain and reduce bleeding. — **[T]**

D. Answer the following questions:

Q1. Why is it important to follow safety rules?

Ans: It is important to follow safety rules because they keep us safe and prevent accidents.

Q2. What are some safety rules to follow at home?

Ans:

- Do not play with fire or sharp objects.
- Do not touch electric switches with wet hands.
- Walk carefully on the stairs.

Q3. What should you do if someone pushes you on the staircase at school?

Ans: I should hold the railing, stay calm, and tell my teacher immediately.

Q4. What safety habits should you follow while cycling on the road?

Ans: I should wear a helmet, ride on the left side, and follow traffic rules.

Q5. Why is it important to have a first aid kit ready?

Ans: A first aid kit helps us give quick treatment for small cuts and injuries before getting medical help.